

# Checklist: 10 Things You Should Know BEFORE You Go to Yucatan



The following checklist is designed to help you prepare for your travels in Yucatan.

- ❑ **Update your vaccines** such as Polio, Diphtheria, and Tetanus. Plus, for Mexico, the U.S. Center for Disease Control suggests: Hepatitis A (food contamination) and possibly Typhoid. In addition, some areas have Malaria. You may need to start your vaccination program 4 to 6 weeks before leaving. Here's the CDC Link: <http://wwwnc.cdc.gov/travel/destinations/traveler/none/mexico>
- ❑ **Book your hotels** ahead of time online or by phone. Make sure they have hot water in the shower. Print out and bring your hotel reservations with you. When you arrive at your hotel, the print out will help if the person at the desk doesn't understand English very well.
- ❑ **Sunblock**—Bring at least one travel size from home. Some of the types they have in Yucatan are not what you're used to, and you may not understand the ingredients written in Spanish.
- ❑ **Hire your rental car from home** by phone or online. Liability insurance is required.

For a glimpse of the Mayan world seldom seen by outsiders, get ***Tales from the Yucatan Jungle: Life in a Mayan Village*** on Amazon at <http://amzn.to/2gq36Nf> paper and <http://amzn.to/2hc3cXK> Kindle.

- ❑ You can get **hotel rates almost half** the cost off season: before December 15 and after Easter.
- ❑ Good advice for all travel situations: **Make copies** of your passport and credit cards and put the copies in places other than where you usually keep the originals.
- ❑ More good advice for all travel: Get a **money belt** to wear on your body inside your clothes.
- ❑ If you plan to use a credit card, you might want to get an **American Express Credit Card**. Based on our experience, once we were outside of Cancun, we found that many places only accepted American Express. (We don't have a business relationship with American Express.) Remember, this is just our experience, it may not be yours.
- ❑ **Bring clothes appropriate for a hot climate**. Rainy season is usually June to October.
- ❑ Also, bring a **light jacket** especially if you stay on the Riviera Maya coast. On a cloudy day with the breeze off the water, you may need it.

Next, look for an email with another checklist with *more* Yucatan Travel Tips to make your visit wonderful.